



Volleyball NT V1 Dec 2014



Spikezone Mini Volleyball Rules

- An official Spikezone court is a badminton court (13m x 6.5m).
- The standard net height is 2 metres.
- A team normally consists of four players on the court but teams may play with three. If there are more than four players then the Coach may choose to rotate a substitute on each time the team wins the serve and rotates.
- One time out of 30 seconds may be called each set. Coaches may also instruct their players during the game.
- **Scoring System** - The team that wins the rally wins the point. The matches will be played to the best of 5 sets. The first 4 sets to 25 points, the 5 set to 15 points. Each set with a minimum lead of 2 points.
- If a set is incomplete at the end of the time it is awarded to the team that has at least 16 points and are 2 or more points clear (16-14 or better).
- The winning team will be determined by the number of sets won. If the number of sets won is equal it will then be determined by a total number of points count back.
- Service must be underarm in year 4/5 divisions, players are allowed to move in front of the baseline if they are not strong enough to get the ball over the net from behind the baseline. When underarm serving in year 4/5 divisions the ball may be hit of their hand (no toss), year 6 division may not hit the ball of their hand. After 3 successful serves the team will rotate but retain the serve. **Teams earn the right to serve by winning the rally.**
- On service the ball may **not** touch the net but may do so on other occasions during a rally.
- Players may not touch the net.
- The ball must be hit cleanly and may not be thrown, caught or scooped. The ball may legally contact any part of the ball. Kicking the ball is not permitted.
- Players may not make two consecutive hits of the ball.
- Teams have three contacts to get the ball over the net. A block does not count as a contact.
- All points won will count in a time limit match.
- No attacking shots above the height of the net are to be played on the return of the serve.